



ASPEE COLLEGE OF HORTICULTURE AND FORESTRY
NAVSARI AGRICULTURAL UNIVERSITY
NAVSARI-396 450 (Gujarat)



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Date:20 /06 /2017

CIRCULAR

International Yoga Day Celebration

Date : June 21, 2017

Venue : Front of College of Forestry

Time : 7 to 8 AM

Dress Code : Light and comfortable clothes

- Come with empty stomach (Bowl and Bladder)
- Kindly bring with you mattress / Yoga mat / durrie / folded blanket
- Perform the practices according to your own capacity

All students, faculties, staff and their families can join the yoga sessions.

(P.K. Shrivastava)